

Keeping a Sense of Humor

*"A cheerful heart is good medicine, but a broken spirit saps a person's strength."
(Proverbs 17:22)*

The ability to laugh, especially at yourself helps to lighten the load of the day. Seeing the humor in a challenging situation can go a long way towards helping you overcome it.

Read and reflect on the following Scriptures, and record how they can be used to help you keep a sense of humor.

Proverbs 15:13	Ecclesiastes 9:7
Luke 15:23-24, 32	Ecclesiastes 3:4
Psalms 126:2	Psalms 144:15

ChristianCareerTools.com

We are a Christ-centered resource that offers a variety of tools, techniques and strategies to help you manage your career.

Throughout your work life there will be various checkpoints or opportunities to examine whether or not you are on the correct career path. These routine safeguards and inspections will reveal breakdowns and weaknesses, and give you a chance to tweak and make career adjustments along the way.

- Gain a clearer understanding of God's plan for your career and where to put your energy and efforts as you integrate life and career.
- Use the tools on this site to better understand your God-given calling and unique design.

Visit <http://christiancareertools.com> and explore where you are on the **"Career Walk"**.

Download a host of **FREE** Career Resources, Articles, Tips and Strategies.